Welcome to Axona®



Fuel the Brain

Simple instructions for patients and caregivers¹

Axona is a prescription **medical food** intended for the clinical dietary management of the metabolic processes associated with mild to moderate Alzheimer's disease. **Use these tips to start and stick with Axona**.

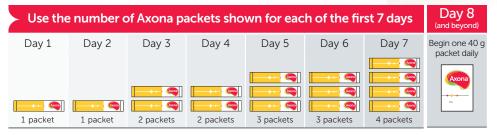
Start off right[†]

To experience the benefits of Axona, help your body adjust smoothly and reduce the potential for gas, bloating, heartburn, or diarrhea by following the Graduated Dosing Plans below.

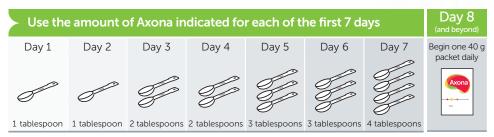
Stay on track¹

Graduated dosing is the first step in Axona therapy. It can take up to 90 days to see results,* so stick with Axona for the best chance of success.

Using the 7-Day Patient Starter Kit



Using the full-size packets in the 30-day box



We are here to help. Call us with any questions at 1-877-649-0004.

*Based on a randomized, double-blind, placebo-controlled, 90-day, phase IIb trial (therapeutic effect observed on ADAS–Cog scores in a preplanned secondary outcome [APOE4(-) subjects]). *Please see full prescribing information at www.about-axona.com for instructions if Axona packaging materials are unavailable.

Mixing Axona[®] is simple²

Follow these 3 easy steps once a day

Add Axona to 4 to 8 ounces of cool water. Shake or blend it until fully mixed.

• You may mix Axona with other liquids or soft foods, such as juice, milk, a meal replacement drink, oatmeal, yogurt, pudding, or ice cream

Axona should be taken 15 to 30 minutes after a full meal (preferably breakfast or lunch, whichever is larger), once a day.

• Meals containing fat and protein (for example, meat, cheese, or eggs) may prevent an upset stomach

Take Axona slowly over a period of up to 30 minutes.

• If you drink Axona, try adding ice. This may help slow digestion, which can lessen any potential side effects

Additional instructions from your healthcare provider

Good to know!^{1,2}

You can use Axona with other therapies

• Axona has been studied in people taking commonly prescribed and omega-3 products

You can easily store Axona after opening

- Axona can be stored in the refrigerator for up to 24 hours after thoroughly before consuming
- Unused powder can be stored you have opened the packet

Axona can be delivered to your doorstep

Take advantage of the Axona specialty services pharmacy. To learn more, call 1-877-649-0004.

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* May not be used with the Axona specialty services pharmacy.

Axona should be used with caution in patients who are at risk for ketoacidosis, for example, patients with a history of alcohol abuse and poorly controlled diabetics; or those who have a history of inflammation of the gastrointestinal system, metabolic syndrome, and/or renal dysfunction. Axona contains caseinate and whey (dairy), and lecithin (soy). Contains: milk and soy.

Please see full prescribing information at www.about-axona.com.

This guide is provided for educational purposes only. It is not meant to substitute for the medical advice of a doctor or other healthcare professional. If you have questions or concerns about Axona, be sure to speak with a healthcare professional.

References: 1. Henderson ST, Vogel JL, Barr LJ, et al. Study of the ketogenic agent AC-1202 in mild to moderate Alzheimer's disease: a randomized, double-blind, placebo-controlled, multicenter trial. Nutr Metab (Lond). 2009;6:31. 2. Axona [prescribing information]. Broomfield, CO: Accera, Inc.; November 2012.

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